



First Aid Re Qual

Overview

This two day course follows the HSE first aid at work syllabus with additional occupational elements. The course is designed to update and refresh your knowledge of the First aid at work syllabus, while allowing time for revision and practice sessions in preparation for a final assessment.

The course material / handouts are used in conjunction with the Health and Safety Legislation and associated guidance from the Health and Safety Executive (HSE).

Who should attend

This course is aimed at people wishing to renew a valid first aid at work certificate. First aiders whose certificates have expired for more than 28 days must attend the full 3 day First Aid at Work course.

After this course you will...

- awareness of the regulations and an understanding of duties and legislation
- skills to assess, treat and follow up incidents
- knowledge of how to manage an incident
- skills to carry out primary and secondary assessments
- ability to deal with life threatening emergencies
- understanding of basic first aid and gain skills on providing CPR
- ability to provide medical care until a more qualified person arrives
- understanding of the recording and reporting process
- knowledge and skill to act as the 'First Aider' for your organisation

Details

Course Type: First Aid Training

Duration: 12 hours

Price: £160.00 + VAT

Upcoming dates

TBC 18 Mar 2019 (08:45 - 15:45)

Dalton-in-Furness 02 May 2019 (09:30 - 16:30)

TBC 08 May 2019 (08:45 - 15:45)

For more dates please contact us

Course outline

- responsibilities of the appointed person
- action at an emergency
- primary assessment
- secondary assessment
- principles of resuscitation
- disorders of respiration
- disorders of circulation
- wounds & bleeding
- burns & scalds
- poisoning
- disorders of consciousness
- bones, joints & muscle injuries
- incident management
- assessment

Get in touch

SOA aims to develop a relationship with all our clients; we want to understand your aims and priorities as well as your vision and values. For a free no obligation meeting please get in touch; (T) +44(0) 1229 808 320; (E) info@soasafety.co.uk; (W) www.soasafety.co.uk