

Emergency First Aid at Work

Overview

This one day course can be adapted to suit a particular audience and is ideal for people requiring Appointed Person status.

An appointed first aider is someone who can take charge of an emergency situation should the need arise. An appointed person is ideal for small businesses or as a cover for more qualified first aiders.

Delegates are provided with the essential skills required to carry out emergency first aid necessary to save a life until someone more qualified arrives to take over.

The course material and handouts are used in conjunction with the Health and Safety (First-Aid) Regulations 1981, associated guidance from the Health and Safety Executive (HSE).

Who should attend

This Course is designed for those wishing to learn basic first aid, the appointed person in the workplace, those supporting a qualified first aider and employees in a low risk working environment with less than 50 people.

After this course you will...

- awareness of the regulations
- skills to assess, treat and follow up incidents
- understanding of basic first aid and gain skills on providing CPR
- ability to treat a range of accidents and provide temporary medical care until a more qualified person arrives
- understanding of the recording and reporting process
- knowledge and skill to act as the 'Appointed Person' for your organisation

Details

Course Type: First Aid Training

Duration: 6 hours

Price: £99.00 + VAT

Upcoming dates

TBC 27 Feb 2019 (09:30 - 16:30)

Dalton-in-Furness 05 Mar 2019 (09:30 - 16:30)

Dalton-in-Furness 16 Apr 2019 (09:30 - 16:30)

For more dates please contact us

Course outline

- regulations and first aid priorities
- examining a casualty
- basic life support, unconsciousness and resuscitation techniques
- recovery position
- control of bleeding
- management of fractures
- burns and scalds
- eye injuries
- managing incidents, recording and reporting
- practical exercise and assessment
- Automated External Defibrillator

Get in touch

SOA aims to develop a relationship with all our clients; we want to understand your aims and priorities as well as your vision and values. For a free no obligation meeting please get in touch; (T) +44(0) 1229 808 320; (E) info@soasafety.co.uk; (W) www.soasafety.co.uk